




Villa Academy Lunch Menu - September 2010

Monday	Tuesday	Wednesday	Thursday	Friday
Labor Day 6 No School 	1st Day of School! 7 Pulled BBQ Pork OR Pulled BBQ Chicken on a Wheat Bun Sweet Potato Fries Veggies & Ranch Dip Orange Slices Pudding Cup	8 Penne w/Meat Sauce OR Penne in Pesto-Alfredo Sauce Garlic Breadstick Caesar Salad Chilled Peaches Snickerdoodles	9 Cheese Quesadilla OR Chicken & Cheese Burrito Corn on the Cob Spanish Rice Red Seedless Grapes Cinnamon Churro	10 Chicken Drumsticks OR Mini Corn Dogs Sun Chips Veggies & Ranch Dip Fresh Apple Slices Chocolate Chip Cookie
13 Teriyaki Chicken Dippers OR Teriyaki Beef Stir Fried Veggies Mini Pork Egg Roll/Jasmine Rice Mandarin Oranges Fortune Cookie	14 Chicken Tenders OR Fish Nuggets French Fries Fresh Veggies & Dip Applesauce Molasses Cookie	15 Cheese or Pepperoni Pizza OR Popcorn Chicken Caesar Salad Red Seedless Grapes Snickerdoodle Cookie	16 Turkey and Cheddar Sub OR Ham & Cheddar Sub Tortilla Chips Fresh Veggies & Dip Petite Banana Chocolate Brownie	17 Professional Planning Day No Classes Today 
20 Cheezy Breadsticks with Marinara Sauce OR Chicken Caesar Wraps/Yogurt Fresh Veggies & Dip Red Seedless Grapes Sugar Cookie	21 BBQ Chicken Drumstick/Roll OR Kosher Beef Hot Dog on Bun Macaroni & Cheese Steamed Broccoli Watermelon Slices Rice Krispie Treat	22 Deluxe Potato Bar! French Toast Sticks OR Belgian Waffle Sticks Cheese Omelet Sausage Patty Hashbrowns/Fresh Melon Fruit Juice Bar	23 Soft Tacos w/Taco Meat OR Chicken Fajitas Spanish Rice & Black Beans Orange Wedges Raspberry Churro	24 <i>Italian Dinner 5:30</i> Chicken Tenders OR Philly Cheesesteak/Roll Sweet Potato Fries Cole Slaw Tropical Fruit Pudding Pop
27 Teriyaki Chicken Dippers OR Teriyaki Beef Stir Fried Veggies Mini Pork Egg Roll/Jasmine Rice Pineapple Tidbits Fortune Cookie	28 Penne w/Meat Sauce OR Tortellini in Pesto-Alfredo Sauce Garlic Breadstick Caesar Salad Chilled Peaches Sugar Cookie	29 Grilled Cheese Sandwich OR Ham & Cheddar Quiche Tomato Soup Fresh Veggies & Dip Applesauce Molasses Cookie	30 Turkey and Cheese Sub OR Ham & Cheese Sub Tortilla Chips Fresh Veggies & Dip Red Seedless Grapes Chocolate Brownie	October 1st Pulled BBQ Pork OR Pulled BBQ Chicken on Wheat Bun Sweet Potato Fries Cole Slaw Fresh Apple Slices Birthday Cupcakes
	A complete lunch at Villa includes choice of entrée A or B, starch, vegetable, fruit, dessert and the choice of either milk or a small (4 oz.) juice.		Prices P-5 Lunch \$3.75 6-8 Lunch \$4.00 Juice (4oz.) \$0.60 Milk \$0.60	All lunches are served with a choice of 1%, non-fat, and chocolate non-fat milk or an assortment of 100% fruit juices

Please direct lunch account questions to Becky Bocian at: bbocian@thevilla.org